

# No Screen Time Until.....

- ❖ *You have read for at least 30 minutes*
- ❖ *You have played with a toy*
- ❖ *If you have siblings, played a board or card game with them*
- ❖ *You have crafted/made something*
- ❖ *You have practiced your math facts and/or done five math problems - be sure to utilize the MGC Library webpage for great links*
- ❖ *You have practiced your grammar skills - again, utilize the MGC Library page*
- ❖ *You have practiced your keyboarding - again, check the MGC Library page*
- ❖ *You have written in your daily journal*
- ❖ *You have completed at least one household chore*
- ❖ *You have made your bed and picked up your bedroom*
- ❖ *You have brushed and flossed your teeth*
- ❖ *You have said your daily prayers*